

**Community College Survey of Student Engagement - Western Nebraska Community College (2023 Administration)**  
**Frequency Distributions - Community College Student Mental Health and Well-Being**

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
6. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ8666	Strongly disagree	11	7.2	1,986	9.9	4,707	9.3
		Disagree	22	15.2	2,452	12.3	6,185	12.2
		Agree	80	54.5	10,782	53.9	27,591	54.3
		Strongly agree	34	23.1	4,792	23.9	12,288	24.2
		Total	147	100.0	20,012	100.0	50,770	100.0
7. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ8667	Not at all	61	41.7	8,253	41.2	20,815	40.9
		Several days	52	35.5	6,786	33.9	17,613	34.6
		More than half the days	16	10.8	2,886	14.4	6,902	13.6
		Nearly every day	18	12.0	2,106	10.5	5,515	10.8
		Total	147	100.0	20,031	100.0	50,847	100.0
8. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	COLLQ8668	Not at all	85	58.1	10,092	50.6	25,249	49.9
		Several days	35	23.9	6,023	30.2	15,503	30.6
		More than half the days	10	6.8	2,216	11.1	5,690	11.2
		Nearly every day	16	11.2	1,627	8.2	4,185	8.3
		Total	146	100.0	19,958	100.0	50,627	100.0

**Community College Survey of Student Engagement - Western Nebraska Community College (2023 Administration)**  
**Frequency Distributions - Community College Student Mental Health and Well-Being**

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
9. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	COLLQ8669	Not at all	40	27.5	6,844	34.2	17,213	33.9
		Several days	56	38.3	7,103	35.5	18,346	36.2
		More than half the days	16	11.1	3,156	15.8	7,808	15.4
		Nearly every day	34	23.1	2,883	14.4	7,365	14.5
		Total	147	100.0	19,986	100.0	50,732	100.0
10. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying?	COLLQ8670	Not at all	71	48.9	9,090	45.5	22,923	45.2
		Several days	35	24.3	5,901	29.5	15,312	30.2
		More than half the days	14	9.3	2,526	12.6	6,313	12.4
		Nearly every day	26	17.5	2,475	12.4	6,176	12.2
		Total	146	100.0	19,992	100.0	50,724	100.0
11. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ8671	Strongly disagree	65	44.3	6,993	35.0	17,083	33.7
		Disagree	17	11.5	3,236	16.2	8,189	16.1
		Neither agree nor disagree	22	14.9	3,463	17.3	8,953	17.7
		Agree	21	14.5	3,965	19.8	10,333	20.4
		Strongly agree	22	14.8	2,319	11.6	6,152	12.1
		Total	147	100.0	19,975	100.0	50,709	100.0

**Community College Survey of Student Engagement - Western Nebraska Community College (2023 Administration)**  
**Frequency Distributions - Community College Student Mental Health and Well-Being**

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
12. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ8672	Strongly disagree	14	9.2	2,984	15.0	7,241	14.3
		Disagree	25	17.1	3,045	15.3	7,923	15.7
		Neither agree nor disagree	32	21.6	4,056	20.4	10,440	20.7
		Agree	48	32.7	6,608	33.2	16,757	33.2
		Strongly agree	28	19.4	3,222	16.2	8,168	16.2
		<b>Total</b>	<b>147</b>	<b>100.0</b>	<b>19,916</b>	<b>100.0</b>	<b>50,530</b>	<b>100.0</b>
13. If you needed help for your mental health and emotional well-being in the past 12 months, how often have you sought such help?	COLLQ8673	Never	50	34.0	6,590	33.1	16,328	32.3
		Rarely	44	29.8	4,203	21.1	10,922	21.6
		Often	20	13.3	3,017	15.2	7,875	15.6
		Very often	15	10.0	1,496	7.5	3,993	7.9
		I have not needed help for my mental health and emotional well-being	19	12.9	4,592	23.1	11,400	22.6
		<b>Total</b>	<b>147</b>	<b>100.0</b>	<b>19,898</b>	<b>100.0</b>	<b>50,518</b>	<b>100.0</b>
14. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ8674	Lack of resources (money, time, transportation)	41	28.1	5,851	29.7	15,937	31.9
		I worry about what others will think of me	29	19.4	2,695	13.7	6,146	12.3
		I do not know where to seek help	8	5.4	1,276	6.5	3,261	6.5
		I do not know what kind of help I need	16	10.6	3,458	17.6	9,307	18.6
		Other	54	36.5	6,413	32.6	15,339	30.7
		<b>Total</b>	<b>147</b>	<b>100.0</b>	<b>19,693</b>	<b>100.0</b>	<b>49,990</b>	<b>100.0</b>

**Community College Survey of Student Engagement - Western Nebraska Community College (2023 Administration)**  
**Frequency Distributions - Community College Student Mental Health and Well-Being**

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
15. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ8675	Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or social worker, etc.)	47	31.7	6,755	34.2	18,647	37.1
		Someone who works at this college who is not a trained mental health provider	14	9.6	634	3.2	1,426	2.8
		Friend, partner, or family member	70	47.5	10,040	50.8	24,438	48.6
		Someone from your cultural community (identity-based, faith-based, etc.)	2	1.3	654	3.3	1,624	3.2
		Other	15	9.9	1,694	8.6	4,101	8.2
		Total	147	100.0	19,778	100.0	50,236	100.0
16. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ8676	In-person, individual counseling or therapy	128	87.5	14,549	74.7	36,612	73.8
		In-person, group therapy or a support group	4	2.6	1,025	5.3	2,732	5.5
		Teletherapy (counseling or therapy via the phone, video, text, messaging)	11	7.8	2,633	13.5	7,354	14.8
		Peer counseling from a trained peer	3	2.1	909	4.7	2,014	4.1
		Crisis hotline (number to call or text during a mental health crisis to reach a trained responder)	0	N/A	352	1.8	895	1.8
		Total	146	100.0	19,468	100.0	49,606	100.0
17. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ8677	Not at all important	46	31.3	5,780	29.4	13,682	27.3
		Somewhat important	30	20.7	3,610	18.4	9,440	18.9
		Important	28	19.0	4,291	21.8	10,933	21.8
		Very important	26	17.9	3,079	15.7	7,881	15.7
		Absolutely essential	16	11.1	2,908	14.8	8,121	16.2
		Total	146	100.0	19,668	100.0	50,057	100.0

**Community College Survey of Student Engagement - Western Nebraska Community College (2023 Administration)**  
**Frequency Distributions - Community College Student Mental Health and Well-Being**

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
18. In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	COLLQ8678	None	69	47.3	8,862	44.9	22,291	44.4
		1-2 days	40	27.5	5,003	25.3	12,836	25.6
		3-5 days	13	8.6	3,225	16.3	8,116	16.2
		6 or more days	24	16.5	2,662	13.5	6,939	13.8
		<b>Total</b>	<b>146</b>	<b>100.0</b>	<b>19,752</b>	<b>100.0</b>	<b>50,183</b>	<b>100.0</b>
19. How likely is it that issues with mental health or emotional well-being would cause you to withdraw from class(es) or from this college?	COLLQ8679	Not likely	103	70.1	12,849	65.0	31,822	63.4
		Somewhat likely	25	16.9	4,065	20.6	10,910	21.7
		Likely	7	4.7	1,711	8.7	4,344	8.7
		Very likely	12	8.3	1,141	5.8	3,114	6.2
		<b>Total</b>	<b>146</b>	<b>100.0</b>	<b>19,767</b>	<b>100.0</b>	<b>50,189</b>	<b>100.0</b>
20. In the past 12 months have you needed help with substance use issues?	COLLQ8680	No	142	96.7	18,256	92.1	46,272	91.9
		Yes	1	0.7	493	2.5	1,224	2.4
		I am not sure	0	0.3	588	3.0	1,518	3.0
		I prefer not to respond	3	2.3	494	2.5	1,322	2.6
		<b>Total</b>	<b>147</b>	<b>100.0</b>	<b>19,831</b>	<b>100.0</b>	<b>50,336</b>	<b>100.0</b>

## Colleges in the Comparison Group

Comparison Group: Small Colleges

Institution	State	Year
Arkansas Northeastern College	AR	2023
Arkansas State University-Newport	AR	2023
Belmont College	OH	2023
Berkshire Community College	MA	2023
Big Sandy Community and Technical College	KY	2023
Black River Technical College	AR	2023
Blue Mountain Community College	OR	2023
Blue Ridge Community College	VA	2023
Brazosport College	TX	2023
Casper College	WY	2023
Central Wyoming College	WY	2023
Centralia College	WA	2023
Chipola College	FL	2023
Cleveland State Community College	TN	2023
Coastal Bend College	TX	2023
College of the Mainland	TX	2023
Colorado Northwestern Community College	CO	2023
Columbia Gorge Community College	OR	2023
Compton College	CA	2023
Cossatot Community College of the University of Arkansas	AR	2023
Danville Area Community College	IL	2023
Dyersburg State Community College	TN	2023
East Central College	MO	2023
Eastern Wyoming College	WY	2023
Ellsworth Community College	IA	2023
Ensign College	UT	2023
Fond du Lac Tribal and Community College	MN	2023
Garden City Community College	KS	2023
Gillette College	WY	2023
Hagerstown Community College	MD	2023
Highland Community College	IL	2023
Independence Community College	KS	2023
Jackson State Community College	TN	2023
John A. Logan College	IL	2023
Jones County Junior College	MS	2023
Kirtland Community College	MI	2023
Laramie County Community College	WY	2023
Little Big Horn College	MT	2023
Madisonville Community College	KY	2023
Marshalltown Community College	IA	2023
Maysville Community & Technical College	KY	2023
Mid-Plains Community College	NE	2023
Minnesota North College	MN	2023
Mississippi Delta Community College	MS	2023
Missouri State University-West Plains	MO	2023
Monroe County Community College	MI	2023

## Colleges in the Comparison Group

Comparison Group: Small Colleges

Institution	State	Year
Mountain Empire Community College	VA	2023
Muskegon Community College	MI	2023
NMSU Alamogordo	NM	2023
North Central State College	OH	2023
North Florida College	FL	2023
North Iowa Area Community College	IA	2023
Northeast Alabama Community College	AL	2023
Northeast Mississippi Community College	MS	2023
Northeast Texas Community College	TX	2023
Northwest College	WY	2023
Otero College	CO	2023
Owensboro Community and Technical College	KY	2023
Ozarka College	AR	2023
Paul D. Camp Community College	VA	2023
Piedmont Technical College	SC	2023
Rhodes State College	OH	2023
River Parishes Community College	LA	2023
Riverland Community College	MN	2023
SOWELA Technical Community College	LA	2023
Saginaw Chippewa Tribal College	MI	2023
Salem Community College	NJ	2023
Salish Kootenai College	MT	2023
Southeastern Community College	NC	2023
Southern Arkansas University Tech	AR	2023
Southern State Community College	OH	2023
Southwestern Community College	IA	2023
Southwestern Indian Polytechnic Institute	NM	2023
Stanly Community College	NC	2023
Stone Child College	MT	2023
United Tribes Technical College	ND	2023
University of New Mexico - Valencia Campus	NM	2023
University of New Mexico-Los Alamos Campus	NM	2023
University of the District of Columbia Community College	DC	2023
Vernon College	TX	2023
Western Nevada College	NV	2023
Western Technical College	WI	2023
Western Wyoming Community College	WY	2023