



Western Nebraska
Community College

Associate Degree Nursing Curriculum (Traditional Option)

Required Prerequisite Courses

BIOS-2250 Physiology & Anatomy 1	4 cr.
BIOS-2260 Physiology & Anatomy 2	4 cr.
CHEM-1050 Introductory Chemistry	4 cr.
BIOS-2460 Microbiology w/Lab	4 cr.
ENGL-1010 English Composition 1	3 cr.
PSYC-1810 Introduction to Psychology	3 cr.
Must be College Algebra Ready	
Total Prerequisite Credit Hours	22 cr.

Students must be a BNA in good standing on the registry in the state in which they reside and provide verification.

1st Year – Fall Semester

ADNR-1112 Fundamentals of Nursing Practice 45 hrs. theory; 90 hrs. lab/clinical	5 cr.
ADNR-1132 Pathophysiology 1 30 hrs. theory	2 cr.
ADNR-1160 Health Assessment 22.5 hrs. theory; 15 hrs. lab	2 cr.
PSYC-2150 Life Span: Growth & Development 45 hrs. theory	3 cr.

Total Cr: 12
Total Co-requisite Theory Hrs.: 45
Total ADNR Nsg Theory Hrs.: 97.5
Total Lab/Clinical Hrs.: 105

1st Year-Spring Semester

ADNR-1141 Adult Health and Illness I 30 hrs. theory; 90 hrs. lab/clinical	4 cr.
ADNR-1151 Adult Health and Illness II 30 hrs. theory; 90 hrs. lab/clinical	4 cr.
ADNR-1122 Principles of Pharmacology 1 15 hrs. theory	1 cr.
ADNR-1134 Pathophysiology 2 30 hrs. theory	2 cr.
BIOS-2050 Nutrition & Diet Therapy (NDT) 45 hrs. theory	3 cr.

Total Cr. 14
Total Co-requisite Theory Hrs.: 45
Total ADNR Nsg Theory Hrs.: 105
Total Lab/Clinical Hrs. 180



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2nd Year – Fall Semester

ADNR-2112 Care of the Older Adult	2.5 cr.
30 hrs. theory; 22.5 hrs. lab/clinical	
ADNR-2126 Psychiatric /Mental Health Nursing	3.0 cr.
37.5 hrs. theory; 22.5 hrs. lab/clinical	
ADNR-2141 Adult Health and Illness III	4 cr.
30 hrs. theory; 90 hrs. lab/clinical	
ADNR-2122 Principles of Pharmacology 2	2.5 cr.
30 hrs. theory; 15 hrs. lab	

Total Cr. 12.0
Total ADNR Nsg. Theory Hrs.: 127.5
Total Lab/Clinical Hrs.: 150

2nd Year – Spring Semester

ADNR-2175 Transition to Nursing Practice	3.5 cr.
22.5 hrs. theory; 90 hrs. clinical	
ADNR-2124 Principles of Pharmacology 3	1.5 cr.
22.5 hrs. theory	
ADNR-2134 Maternal Child Nursing	3.5 cr.
37.5hrs. theory; 45 hrs. lab/clinical	
ADNR-2151 Adult Health and Illness IV	3.5 cr.
30 hrs. theory; 67.5 hrs. lab/clinical	

Total Cr. 12.0
Total ADNR Nsg. Theory Hrs.: 112.5
Total Lab/Clinical Hrs. 202.5

*Can be Taken as Prerequisite

Total ADNR Nursing Theory Hrs.: 442.5
Total ADNR Nursing Lab/Clinical Hrs.: 637.5

Total General Education Credits	28
Total ADNR Nursing Credits	44
Total Program Credits	72

Revised/Approved 6/30/20